



## Your Grab and Go Kit

*If your family is ever forced to evacuate, it's important that a "Grab and Go" kit has been prepared before hand. It basically contains the minimum supplies your family might need if forced to spend some time in a shelter or with friends in an emergency. The supplies should be kept together and pre-packed so your family can grab-it and go without delay.*

### Basic Supplies

- Flashlight
- Radio – crank, battery operated
- Extra batteries
- Whistle
- Dust mask
- Pocket knife
- Emergency cash in small denominations and quarters for phone calls
- Sturdy shoes, a change of clothes, and a warm hat
- Local map
- Some water and food
- Permanent marker, paper, tape
- Photos of family members and pets for re-identification purposes
- List of emergency point-of-contact phone numbers
- List of allergies to any drug (especially antibiotics) or food
- Important papers including copies of ID cards, health insurance and homeowners insurance, placed in a sealable plastic bag
- Extra prescription eyeglasses, hearing aid or other vital personal items
- Prescription medications and first aid supplies
- Personal toiletry items
- Extra keys to your house and vehicle
- Any special-needs items for children, seniors, persons with disabilities, or pets.
- Blankets or sleeping bags